

ORIENTEERING RESULTS

Centre de la Nature de Laval — Oct. 3, 2010

| 4 — Extra-LONG Sprint-O (2 maps) 8.0 km (Prob best route) 30 controls | | | | |
|---|------------------------|--------------------------------------|----------------------|----------------|
| | | | | O-CLUB |
| 1 | Francis | Falardeau | Ramblers | 0:41:50 |
| 2 | Mike | Quiron | — | 0:55:55 |
| 3 | Eric | Christensen | Ramblers | 1:03:17 |
| 4 | Nicolas | Melançon, 15 | Ramblers | 1:08:45 |
| 5 | Sébastien Nathalie | Morisset & Rossat | — | 1:17:40 |
| 6 | Ugo Marlène | Crête & De Oliveira | Ramblers Ramblers | 1:20:43 |
| 3 — Long Sprint-O 4.7 km (prob best route) 16 controls | | | | |
| 1 | Maxime | Despots | Ramblers | 0:33:20 |
| 2 | Bruce | Glen | Ramblers | 0:33:22 |
| 3 | Aurore | Varela | Ramblers | 0:35:03 |
| 4 | Charles | Melançon | Ramblers | 0:46:00 |
| 5 | Elaine | S | Ramblers | 0:49:17 |
| 6 | Thomas | Davignon, 17 | Ramblers | 0:52:00 |
| 7 | George | Kiss | Ramblers | 0:55:14 |
| 8 | Glenn | Wight | Ramblers | 0:55:23 |
| 9 | Stanley | Lee | Ramblers | 1:07:38 |
| 10 | Christopohe & Kerry | Wyatt | — | 1:12:57 |
| 11 | Louis & Darlene | Robichaud / Scott | Ramblers | 1:33:09 |
| 12 | Dominique & Jean | Barbès | — | 1:46:00 |
| . | George | Mogiljansky | — | mis-punched |
| 2 — INTERMEDIATE 3.3 km (best route) 14 controls | | | | |
| 1 | Rachelle & Guillaume, | Leger / Boursier | Ramblers /— | 0:39:07 |
| 2 | Yanfei | Liu | Ramblers | 0:51:05 |
| 3 | Marie-Hélène & Alain | Tremblay / Gauthier | Ramblers | 0:55:43 |
| 4 | Larry, Wendy, Karen | Brown / Rindress | Ramblers | 0:56:57 |
| 5 | Louise | Valiquette | Ramblers | 0:57:50 |
| 6 | Isabel | Sigouin & 2 adultes, 2 enfants | — | 1:00:30 |
| 7 | Christine | Fähndrich | Ramblers | 1:01:24 |
| 8 | Mordy | Antal + 4 children (ages 13,11,10,5) | Ramblers | 1:02:40 |
| 9 | Denise | OBriain + Ryan 5, Kyle 3 | Ramblers | 1:08:00 |
| 10 | Maureen | McGinnis + Torrin, 10 | — | 1:37:35 |
| 11 | Dan & Carole | Macoosh + Benjamin, 11 | Ramblers | 1:48:34 |
| 12 | Wendy | Lafontaine | — | 1:52:20 |
| 13 | Sylvie | Perrault | Ramblers | 1:57:39 |
| . | Claude | Nadon + 2 (adults) | Ramblers | not timed |
| | Elaine | 2nd RUN | Ramblers | 0:39:40 |
| 1 — SHORT - EASIEST 2.2 km (best route) 12 controls | | | | |
| 1 | Carlos & Jocelyne | Hernandez + Sara, 6; Maxim, 3 | — | 0:40:30 |
| 2 | Benoit & Jean-François | Thibault + Marc-Olivier, 4 | Ramblers | 0:41:00 |
| 3 | Eric | Maag + Brennan, 7 | — | 0:42:50 |
| 4 | Davy & Sandra | Lambiris / Dineen + Evelyn, 7 mths. | — | 0:45:00 |
| 5 | Jane | Hartson | — | 0:48:03 |
| 6 | Florent & Beatrice | Vilote + Celia, 4½ | Ramblers | 0:51:00 |
| 7 | Philippe | Comtois & 2 adultes + 2 enfants | — | 0:56:34 |
| 8 | Céline | Mull | Ramblers | 0:58:50 |
| 41 "Starts". Participation : 59 adults + 3 youths over 11 yrs. + 17 children under 12 : 79 | | | | |
| <i>Ramblers Orienteering Club</i> | | | | |

Ramblers Orienteering Club

MEET REPORT : Centre de la Nature LAVAL – October 3, 2010 “Sprint-O”

Another sunny and mild day – aren't we lucky – greeted the 79 participants who took part in the event.

This park doesn't have the possibility for difficult or through-the-woods orienteering but it does provide an opportunity – at least for advanced Orienteers – to navigate at maximum speed, and that is what we saw amongst the top competitors on the Long and Extra-Long Courses. For the less experienced – and the not quite as swift – including many family groups, there were lots of opportunities to relate what was shown on the map to the features around about and to navigate from point to point. It's a good map on which to improve one's O skills.

We set three different courses. Running both the #2 and #3 courses consecutively provided the (8.0 km, 30 controls) Extra-Long Course. The 2.2 km (12c) #1 course was designed as a beginner circuit and had easier legs. Everyone on this course finished in under one hour.

The Extra-Long had a probable-best-route length of 8.0 km and was easily mastered by **Francis Falardeau** in 0:41:50. 2nd spot went to **Mike Quiron** and third to **Eric Christensen**.

Two seconds separated 1st and 2nd places on the 4.7 km course. **Maxime Despots**, (0:33:20) edged **Bruce Glen**. **Aurore Varela** was 3rd in 0:35:03.

Rachelle Leger and **Guillaume Boursier** easily led the 3.3 km course, as did **Carlos Hernandez** and family on the 2.2 km Easiest course.

The Club's THANKS to those who made the meet possible: Gloria did registration. Bruce and Elaine took care of timing and, along with Thomas and Gloria, picked up the controls afterwards. The map update and course layouts were done by myself.

John